UNIFYING THE COMMUNITY FOR A COMMON GOAL

When issues of the “Fiscal Cliff” and “Sequestration” were causing chaos in politicians’ lives, further complicating the already charged political climate this past fall, the Greater Greensboro (CROP) Hunger Walk and Run served as a unifying agent within our community. Over 6,000 individuals took a stand on October 14, 2012, against the growing issue of hunger and poverty in our community by walking and running to raise more than $212,000 to fight hunger.

With reduced government benefits and looming food costs, many in our community are left unable to pay all of their bills—having to choose between shelter, food, or utilities. Greensboro Urban Ministry’s Pewter House Community Kitchen, which serves 25% of all guests referred, helps to ease that burden by providing a hot, wholesome lunch every day to around 450-600 individuals. This is especially important for the children who are provided with meals at Pewter House. The first 1,000 days of a child’s life—roughly from the moment of conception to a child’s second birthday—are critical. Without proper nutrition children cannot perform in school, leading to poor graduation rates, low college attendance, and lower future earning potential—perpetuating the cycle.

If left unchecked, poor nutrition early in life can cause problems later on. The first 1,000 days of life—roughly from the moment of conception to a child’s second birthday—are critical. Without proper nutrition children cannot perform in school, leading to poor graduation rates, low college attendance, and lower future earning potential—perpetuating the cycle.

Working together, we can stop hunger. With the Greater Greensboro CROP Hunger Walk and Run, the Greensboro Community takes a large step toward that end. Please join us this year on Sunday, October 20th as we continue our battle against hunger.

HELP END HUNGER ON MAY 7

Did you know that right now in our community, one in five adults do not know where their next meal will come from? Hunger is a sadly familiar problem in many in our community. However, there is something you can do to help ensure that no one in our community goes hungry! By participating in Serving Greensboro Together on Tuesday, May 7, 2013, and eating at your favorite participating restaurant, you can have a stand against hunger. Won’t you join in the fight against hunger?

All proceeds from Serving Greensboro Together go to Greensboro Urban Ministry Pewter House Community Kitchen. A concert and sale of strength for many in our community who would otherwise go without, the kitchen has been blessed to be able to provide a hot lunch to anyone in need for more than 28 years. Over those years, that need has increased tremendously with the kitchen now serving over 100,000 meals a year. With so many in our community in need, we need your support for Pewter House Generation Together 2013 on Tuesday, May 7th.

A full list of participating Triad restaurants may be found online at www.servinggreensboro.com, or visit our website at www.greensborourbanministry.org and click on the Serving Greensboro Together logo. Also, if you would like more information, please call Emily Hall Pratt at pratt@greensborourbanministry.org or 336.255.2647.
When issues of the “Fiscal Cliff” and “Sequestration” where causing chaos in political circles, further compounding the already charged political climate this past fall, the Greater Greensboro CROP Hunger Walk and Run served as a unifying agent within our community. Over 6,000 individuals took a stand on October 14, 2012, against the growing issue of hunger and poverty in our community by walking and running to raise more than $212,000 to fight hunger.

With reduced government benefits and rising food costs, many in our community are left unable to pay all of their bills – having to choose between shelter, food, or utilities.

Greensboro Urban Ministry’s Potter’s House Community Kitchen, which serves 250 of our community’s hungry year-round, helps to raise that barrier by providing a hot, nutritious lunch every day to 400-600 individuals. This is especially important for the children who are provided with a hot lunch, who, as many as 10 times that number, have to live with the effects of hunger and poor nutrition.

With reduced government benefits and rising food costs, many in our community are left unable to pay all of their bills – having to choose between shelter, food, or utilities.

Unfortunately, the hunger challenge is not just a local problem. Food insecurity affects an estimated 38 million Americans, with as many as 10 times that number lives to live with the effects of hunger and poor nutrition.

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If left unchecked, poor nutrition early in life can cause problems later on. The first 1,000 days of life – roughly from the moment of conception to a child’s second birthday – are critical. Without proper nutrition children cannot perform in school, leading to lower test scores, the drop-out rate, and lower future earning potential – perpetuating the cycle.

Working together, we can stop hunger. With the Greater Greensboro CROP Hunger Walk and Run, the Greensboro Community came together in a large gesture that year. We can’t do it this year.

To those who don’t know how true this is, in this age we do not know where our next meal will come from! Hunger is a sad reality faced by many in our community. However, there is something you can do to help ensure that one in our community goes hungry! By participating in Serving Greensboro Together on Tuesday, May 7, 2013, and eating at your favorite participating restaurants, you can take a stand against hunger. Won’t you join in the fight against hunger?

All proceeds from Serving Greensboro Together go to Greensboro Urban Ministry’s Potter’s House Community Kitchen. A commitment and source of strength for many in our community who would otherwise go hungry, the kitchen has been blessed to be able to provide a hot lunch to anyone in need for more than 28 years. Over those years, that need has increased tremendously with the kitchen now serving over four hundred meals a day. With so many in our community in need, we need your support for our eighth generation of service: Serving Greensboro Together 2013 on Tuesday, May 7th.

A full list of participating Triad restaurants may be found online at www.diningoutforhunger.org, or visit our website at www.greensborourbanministry.org and click on the Serving Greensboro Together page. Also, if you would like more information, please contact Elizabeth Pratt at pratt@greensborourbanministry.org or 336.271.5959.
In the fight to abolish homelessness and hunger, government programs are critical. When feeding America, a 2012 report by the USDA, found that one in 24 bags of food assistance comes from a government program. Federal food assistance programs provide the 19.7 million people eligible in North Carolina with a range of benefits, such as food stamps, Medicaid, public housing, Section 8 housing, TANF (Temporary Assistance for Needy Families). The federal nutrition program, run by the USDA, is not the only way to support these families. In fact, only $172,677 came from all government sources last year. Food stamp recipients average $0.83 per meal, while people who purchase food for themselves average $2.51 per meal. Each year, 40 million people in the United States face food insecurity, and over 12 million are children. In 2013, 45% of families living below the poverty line were living in food insecure households.

The federal Cliff Act has created a special tax break for food assistance recipients. Since it is not clear if they will continue, the government now provides a limited funding source for these recipients. In 2013, the food assistance program was reduced from 40% of the federal poverty line to 30%. In the tax deal enacted last December, the increase was extended through 2013.

Unless a family is a Roth, the account owner must take yearly minimum distributions starting at age 70 1/2 and pay on the withdrawals. It is called, the donation can count against the required minimum distribution they would otherwise have to make. In 2012, over 100 families in Greensboro Urban Ministry received assistance from the IRA Charitable Rollover.

The research shows that donors who received the IRA charitable rollover were able to give more money to their favorite charity. A survey of 600 families receiving assistance from Greensboro Urban Ministry showed that those who received the IRA charitable rollover were more likely to continue receiving assistance.

Only one percent of the world’s holds a degree. On May 12, 2012 I joined that one percent, and was overwhelmed with happiness and relief. Not only had I received my Bachelor’s Degree, but I had done so as a single parent and had been completely self sufficient. I was proud to show what I had started. With this new found sense of accomplishment, I was ready to start my life as a graduate. The problem was I had no idea where to start.

I used to think help was an ugly word. A word that represented the weak or those that were living below the poverty line. I used to think that those people lived a life of luxury. I never thought that I would be one of them. I had always been successful, for a while. I had been able to support my two children on my own, but when my husband left me I was at a low point in my life. I had no source of income, no stable housing, and no support system. I was in a state of despair.

I went to the Greensboro Urban Ministry and found out about their Pathways Center Family Shelter. They were able to help me by providing me with food, clothing, and a place to stay. They also helped me find a job and a place to live. I was able to support my children and myself on my own income. I was able to move into my own home and provide a stable environment for my children.

I was able to continue my education and complete my degree because of the support I received from the Greensboro Urban Ministry. They were able to provide me with the resources I needed to be successful. I was able to find a job and continue my education because of the support they provided.

I am grateful to the people at the Greensboro Urban Ministry for all they have done for me. I am able to provide for my children and myself because of the support they provided. I am proud of what I have accomplished and I am excited to see what the future holds.

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Sequestration

What Does Sequestration Mean for Urban Ministry?

Greensboro Urban Ministry is very fortunate not to heavily rely on government funds to support its services. Medical care, public housing, Section 8 housing, TANF (Temporary Assistance for Needy Families), and unemployment are cut. We can still provide food, shelter, and help getting people back on their feet. A computer glitch last summer at the Department of Social Services prevented many eligible families from receiving their food stamps on time. I can’t imagine the eligible families from receiving their food stamps on time. As a result, Greensboro Urban Ministry, Ministry and many other local food pantries were pressed to the limit. I can’t imagine the thousands at Potter’s House and through our Food Bank. A disaster of Biblical portions of food can be purchased a home for my family. I have moved from homelessness to happiness and applied for a job at the Pathways Center Family Shelter. I was nervous. I wasn’t sure I was ready to start my own career. I used to think help was an ugly word. A word that represented the weak or those that needed assistance. I was proud to finish what I had started. With this new found sense of accomplishment, I can do something by offering aid. Help.

Greensboro Urban Ministry

Sequestration

WHITNEY PRATT

Ira Charitable Rollover: Another Opportunity to Give

The fact that there isn’t a special tax break for IRA charitable rollovers of nested. In 2013, it is 10% of the account owner’s adjusted gross income. The account owner cannot take this deduction if they already donate to the same charity. In addition, the account owner cannot double-dip for IRA charitable rollovers. The advantage of IRA charitable rollovers is that the owner does not need to take the required minimum distribution. There are no taxes owed on the transfer, which is good news for tax deferral. However, there are a few key points to consider:

1. The owner must be over 70½ and pay tax on the withdrawals.
2. The owner must take yearly minimum distributions, even if the account owner is not required to.
3. The IRA account must have enough balances to pay the required minimum distribution.
4. The IRA account owner cannot have a non-profit on whose board of directors they serve.
5. The IRA owner cannot purchase an annuity or use the funds for other purposes.

The final cliff note is that there is a special tax break for IRA charitable rollovers of $5,000 to $100,000. This is for those who are over 70½ and pay tax on the withdrawals. This helps those who are over 70½ and pay tax on the withdrawals. However, if you are under 70½, you can still donate to a charity without paying tax on the withdrawal. In this case, you can still donate to a charity without paying tax on the withdrawal. However, if you are under 70½, you can still make a tax-free gift to a charity. This is known as a charitable remainder trust. A charitable remainder trust allows you to give a charity of your choice, receive a fixed income for a period of time, and then receive the remainder of the distribution at the end of your lifetime. This is a great way to support a charity that is important to you.

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WHAT DOES SEQUESTRATION MEAN FOR URBAN MINISTRY?

Greensboro Urban Ministry is very fortunate not to heavily rely on government funds to support its operations. Medicaid, public housing, Section 8 housing, TANF (Temporary Assistance for Needy Families), and unemployment are cut, waves of new people in desperate need would occur if the government stopped providing food and nutrition assistance.

The facial cliff debt has a special tax break for charitable giving. It is clearly 13% of its social returns. It is a program of which we are all very proud, of which we are all very grateful. It is a program that has saved families from poverty, that has kept families together, that has given people the opportunity to rise out of poverty. It is a program that has been operating for 50 years, and it is a program that has been operating for 40 years. It is a program that has been operating for 30 years, and it is a program that has been operating for 20 years. It is a program that has been operating for 10 years, and it is a program that has been operating for 5 years. It is a program that has been operating for 1 year, and it is a program that has been operating for 0.5 years. It is a program that has been operating for 0.1 years, and it is a program that has been operating for 0.01 years.

Executive Director, Rev. Mike Aiken, is interested in learning more about serving the poor believed in the it is called, the donation can count 70½ and pay tax on the withdrawals. The owner must take yearly minimum per year from their traditional IRAs to older to transfer as much as $100,000 charity in 2013. It's a variation on the IRA CHARITABLE ROLLOVER: ANOTHER OPPORTUNITY TO GIVE.

The Urban Ministry Sponsor Program is a great way for you to honor a friend or family member...
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Greensboro Urban Ministry’s Potter’s House Community Kitchen, which serves 25% of all meals provided in our area, helps to ease that burden by providing a hot, nutritious meal every day to 400+ individuals. This is especially important for the children who are provided with a meal at the kitchen. As many as 90% of children who receive meals are considered at risk of hunger, as many as 10% that lives with the effects of hunger and poor nutrition. If unchecked, your nutrition early in the life stage can initiate problems that last a lifetime. The first 1,000 days of life—roughly from the moment of conception to a child’s second birthday—are critical. Without proper nutrition, children cannot perform in school, leading to poor graduation rates, the need for special education, and the inability to pay all of their bills - having to choose between shelter, food, or utilities.

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