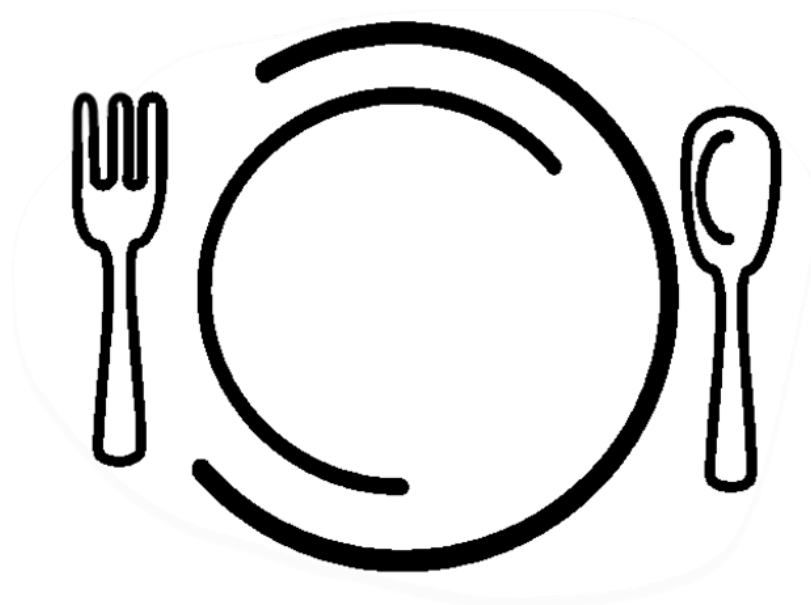


# The Little Green Book

## FREE Meals in Greensboro

When, Where, and How to Get  
There



## **SUNDAYS**

### **BREAKFAST TWO LOCATIONS:**

8:00am served in Center City Park by Servants in Our Community Helping Others

8:15am **SHUTTLE** provided from Center City Park, served at Northside Baptist Church, 1100 E Cornwallis Dr

### **LUNCH TWO LOCATIONS [plus additional locations on specific Sundays as listed below]:**

10:30am—12:30pm served at Potter's House, Greensboro Urban Ministry, 305 W Gate City Blvd (1.2 miles from Center City Park)

3:00pm **SHUTTLE** provided from IRC (407 E Washington St) at 2:00pm and from Greensboro Urban Ministry (405 W Gate City Blvd) at 2:15pm. Served at St James Presbyterian Church, 820 Ross Ave (2.1 miles from Center City Park)

(THIRD Sunday only) 1:30pm served at Center City Park by Ebenezer Baptist Church

(FIFTH Sunday only) 2:00pm—3:00pm served at Center City Park by The Remnant Seekers, Inc.

### **DINNER ONE LOCATION [plus additional location on third Sunday only]:**

5:00pm Every Sunday, served under the bridge at 300 Spring Garden St by Neighbors Under the Bridge (.7 miles from Center City Park)

(THIRD Sunday only) 4:00pm served in the parking garage, across from Center City Park, corner of Friendly and Davie by Faithworks Ministries

## **MONDAYS**

### **BREAKFAST:**

7:30am served in Center City Park by Chicken Lady and Friends

### **LUNCH:**

10:30am—12:30pm served at Potter's House, Greensboro Urban Ministry, 305 W Gate City Blvd (1.2 miles from Center City Park)

### **DINNER THREE LOCATIONS:**

7:00pm served in front of the courthouse at the corner of Green St and Washington St by RE4HIM Monday Night Meal (3 blocks from Center City Park)

*(Monday meals continued on next page)*

*(Monday meals continued)*

4:30pm served at the Interactive Resource Center, 407 E Washington St by Food Not Bombs (0.6 miles from Center City Park)

6:00pm served at the parking lot of Moye's Barber Shop, 629 Martin Luther King Jr Dr by New Birth Sounds of Thunder Christian Center (1.0 miles from Center City Park)

## **TUESDAYS**

### **BREAKFAST:**

8:00am served at Grace United Methodist Church, 438 W Friendly Ave (0.3 miles from Center City Park)

### **LUNCH:**

10:30am—12:30pm served at Potter's House, Greensboro Urban Ministry 305 W Gate City Blvd, (1.2 miles from Center City Park)

### **DINNER TWO LOCATIONS:**

6:00pm served at First Presbyterian Church, enter from Greene St and go to the Mullen Life Center building, (0.7 miles from Center City Park)

6:00pm served at the parking lot of Moye's Barber Shop, 629 Martin Luther King Jr Dr by New Birth Sounds of Thunder Christian Center (1.0 miles from Center City Park)

## **WEDNESDAYS**

### **BREAKFAST:**

7:00am—8:00am served at Potter's House, Greensboro Urban Ministry 305 W Gate City Blvd, (1.2 miles from Center City Park)

### **LUNCH:**

10:30am—12:30pm served at Potter's House, Greensboro Urban Ministry 305 W Gate City Blvd, (1.2 miles from Center City Park)

### **DINNER THREE LOCATIONS:**

6:00pm served at Grace Community Church, 643 W Gate City Blvd (1.3 miles from Center City Park)

6:00pm served at the parking lot of Moye's Barber Shop, 629 Martin Luther King Jr Dr by New Birth Sounds of Thunder Christian Center (1.0 miles from Center City Park)

6:00pm served at Morehead United Methodist Church, 3214 Horse Pen Creek Rd (7.6 miles from Center City Park)

## **THURSDAYS**

### **BREAKFAST:**

8:15am **SHUTTLE** provided from Center City Park, served by Northside Baptist Church, 1100 E Cornwallis Dr

### **LUNCH:**

10:30am—12:30pm served at Potter's House, Greensboro Urban Ministry, 305 W Gate City Blvd, (1.2 miles from Center City Park)

### **DINNER TWO LOCATIONS:**

6:00pm served at First Presbyterian Church, enter from Greene St and go to the Mullen Life Center building, (0.7 miles from Center City Park)

6:00pm served at the parking lot of Moye's Barber Shop, 629 Martin Luther King Jr Dr by New Birth Sounds of Thunder Christian Center (1.0 miles from Center City Park)

## **FRIDAYS**

### **BREAKFAST:**

No breakfast available on Fridays

### **LUNCH [plus one additional location as below]:**

10:30am—12:30pm served at Potter's House, Greensboro Urban Ministry 305 W Gate City Blvd, (1.2 miles from Center City Park)

(All Fridays EXCEPT FIRST Friday) 11:00am served at Groometown United Methodist Church, 5005 Groometown Rd, (8.6 miles from Center City Park)

### **DINNER ONE LOCATION [plus additional location as listed below]:**

6:00pm served at the parking lot of Moye's Barber Shop, 629 Martin Luther King Jr Dr by New Birth Sounds of Thunder Christian Center (1.0 miles from Center City Park)

(FIRST Friday ONLY – September to May ONLY)

**SHUTTLE** provided from the LIBRARY at 5:45pm. Served at Greensboro Christian Church, 3232 Yanceyville St.

## **SATURDAYS**

### **BREAKFAST ONE LOCATION [plus additional locations on specific Saturdays as listed below]:**

8:00am (burritos, donuts, coffee) served at Center City Park by Burrito Bikers

(THIRD Saturday only) 8:30am served at Nu-Life Church, 209 W Florida St (2.2 miles from Center City Park)

(LAST Saturday only) 8:00am coffee/cereal; 8:30am hot breakfast served at Muir's Chapel United Methodist Church, 314 Muir's Chapel Rd (5 miles from Center City Park)

### **LUNCH:**

10:30am—12:30pm served at Potter's House, Greensboro Urban Ministry 305 W Gate City Blvd, (1.2 miles from Center City Park)

### **DINNER:**

6:00pm served under the bridge at 300 Spring Garden St by 16 Cent Ministry (0.7 miles from Center City Park)

---

## **DIRECTIONS FROM CENTER CITY PARK TO ALL MEAL LOCATIONS**

### **The Bridge at 300 Spring Garden St (.7 miles from Center City Park)**

1. Head south on Elm St
2. Turn right onto Smothers Pl
3. Continue onto Spring Garden St under bridge

### **Courthouse (3 blocks from Center City Park)**

1. Head south on Elm St
2. Turn right on Washington St
3. 1 block to Green St

### **First Presbyterian Church at 620 N Greene St (.5 miles from Center City Park)**

1. Head north on N Elm St past Smith St to Fisher Ave
2. Turn left on Fisher Ave
3. Turn right on N Greene St
4. Enter from Greene St and go to the Mullen Life Center building

**Grace Community Church at 643 W Gate City Blvd (1.3 miles from Center City Park)**

1. Head south on Elm St
2. Turn right onto W Gate City Blvd, church will be on the left

**Grace United Methodist Church at 438 W Friendly Ave (.3 miles from Center City Park)**

1. Head west on W Friendly Ave
2. Destination is on your right

**Groometown United Methodist Church at 5005 Groometown Rd (8.6 miles from Center City Park)**

1. Head west on W Friendly Ave
2. Turn left onto N Spring St
3. Continue onto Freeman Mill Rd, US-220 S
4. Take exit 79 to merge onto I-85BUS S/US-29 S/US-70 W toward Charlotte/High Point
5. Take exit 33 toward I-73 N/Groometown Rd/Winston-Salem/I-40 W
6. Keep left, follow signs for Groometown Rd/Grandover Pkwy
7. Keep left at fork, follow signs for Interstate 85S/US 29S/US70 W
8. Use any lane to turn left onto Groometown Rd
9. Destination will be on the left

**IRC (Interactive Resource Center) at 407 E Washington St (.6 miles from Center City Park)**

1. Head south on Elm St
2. Turn left onto E Washington St
3. Destination is on the left

**Morehead United Methodist Church, 3214 Horse Pen Creek Rd (7.6 miles from Center City Park)**

1. Head west on W Friendly Ave
2. Turn right on N Edgeworth St
3. Merge onto Battleground Ave
4. Turn left on Horse Pen Creek Rd
5. Continue to church on left (next to Spears YMCA)

**Moye's Barber Shop parking lot, 629 Martin Luther King Dr (1.0 miles from Center City Park)**

6. Head south on Elm St
7. Turn left on Martin Luther King Jr Dr
8. Continue to barber shop parking lot on the left

**Muir's Chapel United Methodist Church at 314 Muir's Chapel Road  
(5 miles from Center City Park)**

1. Head west on W Friendly Ave
2. Turn slightly left onto W Market
3. Continue onto W Market
4. Turn right at Muir's Chapel Rd
5. Continue to church on right

**Northside Baptist Church at 1100 E Cornwallis Dr (2.5 miles from  
Center City Park)**

**[SHUTTLE provided from Center City Park]**

1. Head north on N Elm St
2. Turn right onto Summit Ave
3. Turn left onto Yanceyville St
4. Turn left onto Cornwallis Dr

**Nu-Life Church at 209 W Florida Ave (2.2 miles from Center City  
Park)**

1. Head south on Elm St
2. Elm becomes S Elm Eugene St
3. Turn right onto W Florida St and church will be on the left

**Potter's House/Greensboro Urban Ministry at 305 W Gate City  
Blvd (1.2 miles from Center City Park)**

1. Head west on W Friendly Ave
2. Turn left onto N Eugene
3. Cross W Gate City Blvd
4. Destination is on your right

**St. James Presbyterian Church at 820 Ross Ave (2.1 miles from  
Center City Park)**

1. Head south on Elm St
2. Turn left onto E Market St
3. Turn right onto S Murrow Blvd
4. Turn left onto E Gate City Blvd
5. Turn right onto Bennett St
6. Turn right onto Ross Ave



Extending the hand of  
food and friendship!



For changes or updates, contact  
Amy Murphy  
[amymurphy1000@gmail.com](mailto:amymurphy1000@gmail.com)  
336.754.2106

Online copy: <http://theMiraclesISee.org>  
Search for: *Little Green Book*